

Sleep tight...



...don't let the  
**BED BUGS** bite!



**11.4%** of Australians have encountered bed bugs while travelling in Australia

Mostly on the East Coast



23.2% QLD  
48.2% NSW  
17.4% VIC



40%  
in hotels



38.2%  
in motels



**23.3%** of Australians have encountered bed bugs while travelling overseas

12.3%  
in North America



23%  
in Europe

49.1%  
in Asia



35.7%  
in hotels



35.7%  
in hostels



17.9%  
in B&B/  
guest house



38.2%  
in motels



**40.4%** of people did not realise that bed bugs can travel with you

## Know your enemy

**Adults:** 4-5mm long  
Oval, flat 1.5-3mm wide  
reddish brown



nocturnal  
creatures that  
feed at night

hide in cracks  
& crevices

CO<sub>2</sub>

attracted to the  
warmth of our bodies  
& in our breath

ADULT

...females lay between

**200-500**  
**EGGS** in their  
lifetime



EGGS

eggs are  
**1mm long**  
oval, white



NYMPHS



NYMPHS

...can survive up to  
**2 months**  
without food

## Look out for



Found in:

- mattress seams
- bedroom furniture
- electrical appliances
- power points
- carpets
- wall hangings
- window fittings



- live or dead bugs
- bug skins
- eggs
- droppings
- a "sickly sweet" smell
- blood droplets on sheets

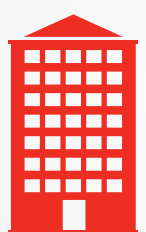


**bites**  
on the body



## Preventing bed bugs

1



**inspect**  
hotel bedding

2



take care with **luggage** or  
**second-hand items**

3



unpack and  
**vacuum**  
suitcases

4



**wash**  
all clothes on  
high temperature

For more information or to arrange a visit from your Rentokil expert  
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